

2019 EDITION

# MUSLIM-FRIENDLY

## HIROSHIMA & WESTERN HONSHU



HIROSHIMA / YAMAGUCHI / OKAYAMA / SHIMANE / TOTTORI

# ASSALĀMU ALAYKUM. GREETINGS FROM THE CHUGOKU REGION.

As Japan welcomes more and more visitors from around the world, efforts are being made to accommodate a diverse range of dietary needs. Only a limited number of restaurants, hotels and facilities cater to Muslim travelers in the Chugoku Region (located at the western end of Japan's main island of Honshu and made up of the five prefectures of Hiroshima, Okayama, Tottori, Shimane and Yamaguchi). We hope, however, that this guide will be useful to Muslim travelers visiting our region and help make their stay a pleasant one.

Chugoku Transport and Tourism Bureau  
Chugoku Economic Federation  
Chugoku Regional Innovation Research Center  
国土交通省中国運輸局  
(一社)中国経済連合会  
(公財)中国地域創造研究センター

## Note:

Information correct as of March 2019. Please be aware that things do change.

Listings selected under the guidance of Hiroshima Islamic Cultural Center. Please be aware, however, that listings are based upon the declaration of the listed businesses themselves. We do recommend that Muslim diners ask restaurant staff to confirm whether menu items use Halal ingredients or contain any pork or alcohol products when ordering.














[www.hiroshimatours.info/  
pdf/muslimguide.pdf](http://www.hiroshimatours.info/pdf/muslimguide.pdf)

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## GUIDE TO SYMBOLS

-  Halal-certified meat served
-  No pork or pork-derived ingredients on the premises
-  Vegetarian options available
-  No alcohol or alcohol-derived ingredients on the premises
-  Prayer space available
-  Take out available
-  English menu
-  English spoken
-  Free WiFi
-  Credit Cards accepted
-  Non-smoking

## IF IN DOUBT...

*I am a Muslim.  
私は、ムスリムです。*

Do you have any dishes that..?

以下の料理の提供は可能ですか。

Do not contain pork products (including bacon, ham, sausage, lard, gelatin)

豚や豚由来材料 (ベーコン・ハム・ウィンナー、ラード、ゼラチン等) を含まない料理

Do not contain alcohol (including cooking wine, sake, mirin rice wine)

アルコール (料理酒、みりん、酒精等) を含まない料理

Use Halal meat

ハラール認証肉を使用した料理

# CHUGOKU REGION



Matsue Castle, Matsue City (松江城)  
© Shimane Prefecture



Tottori Sand Dunes, Tottori City (鳥取砂丘)  
© Tottori Prefecture

- JR Train
- Shinkansen
- Bus



Okayama Castle and Korakuen Garden,  
Okayama City (岡山城・後楽園)  
© Okayama Prefecture



Rurikoji Temple, Yamaguchi City (瑠璃光寺)  
© Yamaguchi Prefecture



A-bomb Dome, Hiroshima City (原爆ドーム)  
© Hiroshima Prefecture

# HIROSHIMA

## HIROSHIMA, MIYAJIMA, HIGASHI-HIROSHIMA



**19 Grocery**

**HIROSHIMA HALAL FOOD** 広島ハラルフード

11:00-19:00  
Closed Tuesday  
4-14 Kojin-machi, Minami-ku  
Hiroshima | Tel: 090-9463-2577

**20 Prayer Space**

**THE OUTLETS HIROSHIMA** ジアウトレット広島

10:00-20:00 Tel: 082-941-7111  
en.the-outlets-hiroshima.global

4-1-1 Ishiuchi-higashi, Saeki-ku, Hiroshima

**21 Prayer Space**

**DON QUIJOTE** ドンキホーテ広島八丁城店

10:00-05:00 Tel: 082-543-6711  
www.donki.com/en

5F 5-3 Shintenchi, Naka-ku, Hiroshima

- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

**1 Okonomiyaki**

**MEI MEI**  
銘々

Average price:  
Lunch ¥1000  
Dinner ¥1600

10:00-15:00 / 17:00-23:00  
Closed Monday  
okonomiyaki-meimei.jimdofree.com

The world's first Halal okonomiyaki restaurant. ¥4500 teppanyaki courses also available.

6F 10-1 Matsubara-cho, Minami-ku, Hiroshima

**2 Japanese**

**ZICON**  
而今

Average price:  
Lunch ¥5000~  
Dinner ¥5000~

11:30-23:00  
Occasional holidays  
www.facebook.com/zicon1982

Reservations required for both meals and take out *bento* lunch boxes.

2F 6-10 Shintechi, Naka-ku, Hiroshima | Tel: 082-258-2229

**3 Okonomiyaki**

**ORIGAMI JAPAN**  
折紙

Average price:  
Lunch ¥1350  
Dinner ¥3500

11:00-14:00 / 17:00-21:00:  
Closed Monday  
facebook.com/origami.japan.hiroshima

Prayer space right next door in Don Quijote store.

Okonomi Republic 3F 5-23 Shintechi, Naka-ku, Hiroshima | Tel: 082-243-3873

**4 Organic cafe**

**KISSA SAEKI**  
喫茶さえき

Average price:  
Lunch ¥1000  
Dinner ¥2000

8:00-20:00 (L.O.19:00)  
Closed Sunday, National Holidays  
xn--r8jkw5439auu9b.com

Prayer space available on request. Private room for groups of up to 30.

1-4-25 Kamiya-cho, Naka-ku, Hiroshima | Tel: 082-246-9339

**5 Japanese**

**YAMAICHI BEKKAN**  
宮島山一別館

Average price:  
Lunch ¥2500  
Dinner ¥2500

11:00-14:00 / 17:00-21:00 (Sun, Nat Hols 11:00-15:00 / 17:00-20:30) / Occasional holidays  
yamaichibekkan.com

Halal Japanese cuisine right in front of the ferry terminal on Miyajima.

1162-4 Minato-machi, Miyajima-cho, Hatsukaichi | Tel: 0829-44-0700

**6 Oyster hut**

**SHIMADA SUISAN**  
島田水産

Average price:  
Lunch ¥2500  
Dinner ¥2500

Sun, Mon, Tue, Thur 10:00-19:00  
Wed 10:00-16:00, Fri, Sat 10:00-20:00  
shimadasuisan.com

Opening hours vary according to the season. Reserve one day in advance for Itsukushima Shrine pleasure cruises and to view oysters being pulled out of the sea.

1-2-6 Miyajimaguchi-nishi, Hatsukaichi | Tel: 0829-30-6356

**7 Vegetarian (vegan-friendly)**

**SAISHOKU-KENBI**  
菜食健美

Average price:  
Lunch ¥1000  
(Dinner ¥2500)

11:00-16:00 (L.O.15:00)  
Closed Tuesday & occasional holidays  
daisho-kikaku.com/hiroshima

10 min by taxi from Nishi-hiroshima. Dinner available for groups of 4 or more with reservation 3 days in advance. Private bookings OK. Prayer space occasionally unavailable.

4-32-2 Koi-ue, Nishi-ku, Hiroshima | Tel: 082-271-3770

**8 Tempura**

**TEMPURA TENKO**  
天富良 天甲 中町店

Average price:  
Lunch ¥1000  
Dinner ¥4000

11:30-14:00 / 17:00-21:30  
Closed Monday

Private room for groups of 5-10 available with advance reservation.

2F Nakamachi Naganuma Bldg. 5-1 Naka-machi, Naka-ku, Hiroshima | Tel: 082-242-3933

- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

**9 Indian**

**KANAK**  
カナック

Average price:  
Lunch ¥1000  
Dinner ¥1600

11:00-15:00 (L.O.14:30)  
17:00-22:30 (L.O.22:00)  
[kanak-hiroshima.com/en](http://kanak-hiroshima.com/en)

Prayer space unavailable when busy.

2-2-10 Ote-machi, Naka-ku, Hiroshima | Tel: 082-236-7308

**10 Turkish/Mediterranean Cuisine**

**KARŞIYAKA**  
カルシヤカ

Average price:  
Lunch ¥1300  
Dinner ¥3500

11:30-14:30 (L.O.14:00) / 17:30-23:30  
Closed Monday (unless Mon is a Nat Hol, in which case closed Tue)

Prayer space unavailable when busy.

2-6-20 Ote-machi, Naka-ku, Hiroshima | Tel: 082-247-2202

**11 Indian, Asian**

**SAPANA**  
サバナ

Average price:  
Lunch ¥1000  
Dinner ¥1500

11:00-14:30  
17:00-22:30

Groups of up to 30. Many vegetarian options.

2-10-18 Tokaichi-machi, Naka-ku, Hiroshima | Tel: 082-233-1326

**12 Indonesian**

**WARUNG MATAHARI**  
インドネシア屋台 ワルンマタハリ

Average price:  
Lunch  
Dinner ¥2500

17:30-23:00 (L.O.22:30)  
Closed Monday  
[www.warungmatahari.com](http://www.warungmatahari.com)

Indonesian cuisine prepared by a Balinese owner-chef.

5-8-13 Ote-machi, Naka-ku, Hiroshima | Tel: 082-240-2082

**13 Indian, Nepali**

**NAMASTE ASSE**  
ナマステ ASSE 店

Average price:  
Lunch ¥1000  
Dinner ¥2000

11:00-22:00 / Occasional holidays when shopping center closed  
[namaste-in.com](http://namaste-in.com)

Inside Hiroshima Station building ASSE

6F ASSE 2-37 Matsubara-cho, Minami-ku, Hiroshima | Tel: 082-568-0045

**14 Thai curry**

**J&T AIGAKE CURRY**  
J&T あいげカレー

Average price:  
Lunch ¥600  
Dinner ¥600

Mon-Fri 10:30-19:00 / Sat, Sun, Nat Hols 10:30-17:00 (occasional holidays)  
<http://bit.ly/jtaigakecurry>

4 kinds of Halal-certified Thai curry.

1-6-30 Hikari-machi, Higashi-ku, Hiroshima | Tel: 082-261-6240

**15 Halal bento & Prayer space**

**SUMIYA SPA & HOTEL**  
スミヤスパ & ホテル

Average price:  
Lunch ¥800  
Dinner ¥800

6-18 Kyobashi-cho, Minami-ku, Hiroshima  
Tel: 050-3398-5024

**16 Grocery & Prayer space**

**HALAL SHOP ALI**  
ハラールショップ アリ

10:00-20:00 Closed Tuesday  
[www.facebook.com/Halalshopali](http://www.facebook.com/Halalshopali)  
3F 7 Saijo-asahi-machi, Higashi-hiroshima | Tel: 080-3725-3044

**17 Prayer space**

**HIROSHIMA ISLAMIC CULTURAL CENTER**  
広島イスラーム文化センター  
[www.hiroshima-icc.org](http://www.hiroshima-icc.org)  
4F 2786-1 Taguchi, Saijo-cho Higashi-hiroshima

**18 Cafe**

**HARA DONUTS** Price: ¥110~

はらドーナツ広島店

10:00-20:00  
[haradonuts.jp/hiroshima.html](http://haradonuts.jp/hiroshima.html)  
Healthy preservative-free soy donuts.

3-13 Mikawa-cho, Naka-ku Hiroshima | Tel: 082-240-0826

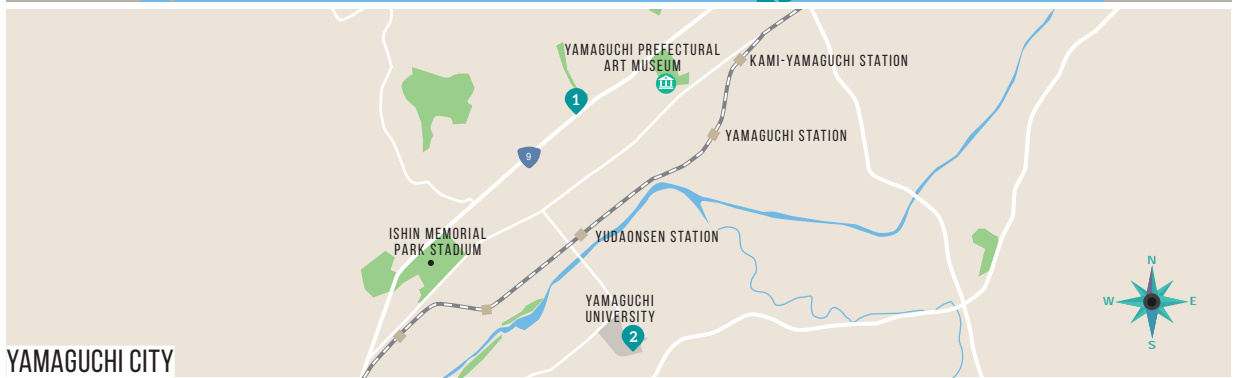
**HALAL-CERTIFIED TREATS**

Halal-certified versions of Miyajima's most popular gifts, now available courtesy of Yamada-ya

Yamada-ya, maker of Miyajima's popular leaf-shaped *momiji-manju*, sells Halal-certified boxes of the cakes stuffed with sweet bean paste, as well as *shakushi-senbei* crackers.

# YAMAGUCHI

## YAMAGUCHI



### YAMAGUCHI CITY



**1** Indian

**SHIVA**  
シバ本店

Average price:  
Lunch ¥1000  
Dinner ¥1600

11:00-23:00














Vegetarian options are clearly marked.

2-7-45 Itoyone, Yamaguchi | Tel: 083-932-4800











**2** Univ. cafeteria

**YAMAGUCHI UNIV.**  
COOP BUONO ボーノ

Average price:  
Lunch ¥450  
Dinner ¥450







Monday-Friday 08:00-20:00  
Saturday 10:00-14:00  
Closed Sunday, National Holidays

Only open Mon-Fri 11:00-14:00 in February, March, August, September

1677-1 Yoshida, Yamaguchi | Tel: 083-995-2706

-  Halal-certified meat served
-  No pork cooked on premises
-  Vegetarian options available
-  No alcohol used in cooking
-  Prayer space available
-  Take out available

# OKAYAMA

## OKAYAMA





- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

**1 Shabu-shabu, Sukiyaki**

**HITORI NABE MEGU**  
ひとり鍋 恵

Average price:  
Lunch ¥1200  
Dinner ¥3500

11:00-14:00 (L.O.13:30)  
17:30-22:00 (L.O.21:00)  
Closed Tuesday

Prepares Halal Kobe beef with reservation 1 week in advance.

2-1 Tenjin-cho, Kita-ku, Okayama | Tel: 086-289-5341

**2 Indian**

**MILENGA**  
ミレンガ

Average price:  
Lunch ¥800  
Dinner ¥1500

11:00-21:00  
Closed the 1st Tuesday of the month  
milenga.themarket.co.jp

Restaurant certified Halal. Matsushita Udon at next door serves Halal udon.

1F Oka Bldg 1-3-3 Nodaya-cho, Kita-ku, Okayama | Tel: 086-206-2289

**3 Hotel restaurant**

**HOTEL GRANVIA OKAYAMA CAFE RESTAURANT "OLIVIER"**  
ホテルグランヴィア岡山  
2F カフェレストラン オリビエ

Average price:  
Lunch ¥4000  
Dinner ¥4000

6:30-10:30 / 11:30-21:30  
granvia-oka.co.jp/stay/muslim

Halal course and vegetarian course served with reservation 3 days in advance. Please ask at reception before using the prayer room.

2F 1-5 Ekimoto-machi, Kita-ku, Okayama | Tel: 086-234-7000

**4 South American**

**PERU GRILL**  
ペルーグリル

Average price:  
Lunch ¥1000  
Dinner ¥2000

11:00-15:00 (L.O.14:30) / 18:00-22:00 (L.O.21:30)  
/ Sun 18:00-21:00 (L.O.20:30), Closed Tuesday,  
the 3rd Mon of the month / www.perugrill.jp

Reservations by telephone or email required by previous day.

1-8-33 Omote-cho, Kita-ku, Okayama | Tel: 086-201-7275

**5 Cafe**

**CAFE MONI**  
カフェモニ

Average price:  
Lunch ¥850  
Dinner ¥1100

11:30-23:00  
Occasional holidays  
industries-moni.com

Cafe and wide dessert menu. Muslim friendly menu available.

10-22 Honmachi, Kita-ku, Okayama | Tel: 086-231-5455

**6 Japanese**

**RYUTEI TAMACHI**  
Ryutei 田町店

Average price:  
Lunch  
Dinner ¥4000

17:00-24:00 (L.O.23:30)  
www.233-3959.com

(Visa only)

¥2000, ¥3000, ¥4000 Halal courses, reservation 2 days in advance. Service not provided in Dec, March

1-6-19 Tamachi, Kita-ku, Okayama | Tel: 086-233-3959

**7 Donuts**

**MALASADA DONUTS**  
マラスダドーナツのお店

Price:  
¥150~

Tue-Fri 11:00-19:00  
Sat, Sun, Nat Hols 11:00-18:00  
Closed Monday

Donuts marked with a peach logo are Muslim-friendly.

3-1-28 Tsushima-kyomachi, Kita-ku, Okayama | Tel: 086-253-6661

**8 Prayer space**

**OKAYAMA ROYAL HOTEL**  
岡山ロイヤルホテル  
www.orh.co.jp  
Please ask at reception before use.  
2-4 Ezu-cho, Kita-ku, Okayama  
Tel: 086-255-1111

**9 Masjid/Musalla**

**OKAYAMA ISLAMIC CENTER**  
岡山イスラミックセンター  
facebook.com/pages/Okayama-Islamic-Centre/123860261139298  
2-1-7 Tsushima-higashi, Kita-ku, Okayama

**HALAL-CERTIFIED TREATS**

Kids will love these cute Halal-certified Japanese sweet

*Kibi-dango* sweets, associated with the tale about a boy called Momotaro who battles demons with the help of three animal companions, are Okayama's top souvenir. Koeido produces a range of nine Halal-certified flavors.

© koeido

# SHIMANE TOTTORI

## MATSUE, IZUMO, TOTTORI, YONAGO



**1 Vegan**

**VEGE CAFE MANAINA**  
ベジカフェ まないな

Average price:  
Lunch ¥1000  
Dinner

11:00-15:00 / Closed Mon, Tue, Wed, Thur, and January to March  
[www.facebook.com/izumo.manai.7](http://www.facebook.com/izumo.manai.7)

Occasionally closed during winter. 5 minutes walk east of Izumo Taisha Shrine.

7 Kizuki-higashi, Taisha-cho, Izumo | Tel: 0853-53-5560

**2 Japanese ryokan**

**CHIKUYOU**  
竹葉

Average price:  
Lunch ¥1450  
Dinner ¥4000

11:30-14:00 / 18:00-21:00  
Occasional holidays  
[english.chikuyou.jp](http://english.chikuyou.jp) / [info@chikuyou.jp](mailto:info@chikuyou.jp)

Reservation 3 days in advance required for Halal course meal. Groups of up to 40. Overnight stay and use of private bath available.

438 Furukawa-cho, Yasugi | Tel: 0854-28-6231

**3 Univ. cafeteria**

**SHIMANE UNIV. COOP**  
NIKORA 2F ニコラ

Average price:  
Lunch ¥500  
Dinner

11:00-14:00 (L.O.13:30)  
Closed Sat, Sun, Nat Hols  
[www.shimadai.coop](http://www.shimadai.coop)

Shimane Mosque located in front of the university gates.

1060 Nishi-kawatsu-cho, Matsue | Tel: 0852-32-6246

**4 Indian**

**SPICE**  
インド料理スパイス

Average price:  
Lunch ¥1300  
Dinner ¥1700

11:30-22:00 (L.O.21:30)  
Closed Tuesday (open if National Holiday)  
[www.spice-matsue.com](http://www.spice-matsue.com)

1-16-26 Gakuen, Matsue | Tel: 0852-27-7720

- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
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- Prayer space available
- Take out available

**5 Vegan cafe**

**ORIBIO TOTTORI**  
オリビオ 鳥取店

Average price:  
Lunch ¥1200  
Dinner

11:00-14:00 (lunch) 14:00-17:00 (cafe)  
18:00- (reservation required) Closed Sun,  
Mon, Tue, Wed / [tottorioribio.business.site](http://tottorioribio.business.site)

Located across the street of Tottori Masjid.

1-743 Koyama-cho-nishi, Tottori | Tel: 0857-28-7388

**6 Organic cafe**

**HANA-AMI**  
はなあみ

Average price:  
Lunch ¥1200  
Dinner

11:30-16:00  
Closed Sunday-Wednesday  
[www.instagram.com/hanaami\\_nana\\_risa](http://www.instagram.com/hanaami_nana_risa)

Reservation by telephone 7 days in advance required.

75-4 Fukuichi, Yonago | Tel: 0859-57-4894

**7 Vegan**

**HIBI-NO-KATE**  
日々の糧

Average price:  
Lunch ¥1000  
Dinner ¥1500

11:00-15:00 / 17:00-21:00 (L.O.20:30)  
Closed Sunday  
[hibinokate.com](http://hibinokate.com)

Reservation by email 2 days in advance required. Accomodation of other dietary needs also possible.

2F 197 Meiji-cho, Yonago | Tel: 0859-34-3773

**8 Prayer space**

**TOTTORI MASJID**  
鳥取マスコ  
[www.facebook.com/islamtottori](http://www.facebook.com/islamtottori)

5-677 Koyama-cho-minami, Tottori (Near University of Tottori)

**9 Prayer space**

**YONAGO KITARO AIRPORT**  
米子鬼太郎空港  
[www.yonago-air.com/eng](http://www.yonago-air.com/eng)

Multi-purpose room for prayers. Please ask at the info counter.

1634 Sainokamicho, Sakaiminato | Tel: 0859-45-6121

**10 Prayer space**

**SHIMANE MOSQUE & ISLAMIC CULTURAL CENTER**  
島根モスク・イスラム文化センター  
[www.facebook.com/shimanemosque](http://www.facebook.com/shimanemosque)

3F Sakata Bldg. 2-16-24 Gakuen, Matsue



# I'M AFRAID I CAN'T EAT~

すみませんが~を食べられません。

(sumimasen ga ~ o taberaremasen)

**BEEF**



**牛肉**  
gyū-niku

**PORK**



**豚肉**  
buta-niku

**CHICKEN**



**鶏肉**  
tori-niku

**FISH**



**魚類**(鰹節など)  
gyo-ruī

**BEEF STOCK**



**牛出汁**  
gyū-dashi

**PORK STOCK**



**豚出汁**  
buta-dashi

**CHICKEN STOCK**



**鶏出汁**  
tori-dashi

**FISH STOCK**



**魚出汁**  
sakana-dashi

**SHELLFISH**



**貝 / 甲殻類**  
kai / kōkaku-ruī

**EGG**



**卵**  
tamago

**MILK**



**牛乳**  
gyūnyū

**CHEESE**



**チーズ**  
chīzu

**BUTTER**



**バター**  
batā

**REFINED SUGAR**



**白砂糖**  
shiro-zatō

**HONEY**



**蜂蜜**  
hachimitsu

**SOY**



**大豆**  
daizu

**PEANUTS**



**ピーナッツ**  
pīnattsu

**NUTS**



**ナッツ**  
nattsu

**GLUTEN**




**グルテン**  
guruten

**ALCOHOL**



**アルコール**  
arukōru

 "X" out the foods you wish avoid and show when ordering.